

## TIME TABLE OF B.A.M.S. FIRST PROF BATCH - 2022

**w. e. f 1 / January / 2024**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00AM to 10:00AM	SAMHITA ADHYAYAN-I (Theory) (Dr. Shraddha Rajendra Paithankar)	SAMHITA ADHYAYAN-I (Theory) (Dr. Shraddha Rajendra Paithankar)	SAMHITA ADHYAYAN-I (Non- lecture) (Dr. Shraddha Rajendra Paithankar)	SAMHITA ADHYAYAN-I (Non- lecture) (Dr. Shraddha Rajendra Paithankar)	SAMHITA ADHYAYAN-I (Non- lecture) (Dr. Shraddha Rajendra Paithankar)	SAMHITA ADHYAYAN-I (Non- lecture) (Dr. Shraddha Rajendra Paithankar)
10:00AM To 11:00AM	LIBRARY GROUP A/ PHYSICAL EDUCATION GROUP B	KRIYA SHARIR (Theory) (Dr. Ranjna Vyas)	KRIYA SHARIR (Non- lecture) (Dr. Ranjna Vyas)	KRIYA SHARIR (Theory) (Dr. Ranjna Vyas)	KRIYA SHARIR (Theory) (Dr. Praveen Naik)	KRIYA SHARIR (Theory) (Dr. Praveen Naik)
11:00AM To 12:00PM	RACHANA SHARIR (Theory) (Dr. T.P. Naidu)	RACHANA SHARIR (Theory) (Dr. Abhishek Kumar)	RACHANA SHARIR (Non- lecture) (Dr. Abhishek Kumar)	RACHANA SHARIR (Non- lecture) (Dr. Abhishek Kumar)	RACHANA SHARIR (Theory) (Dr. Abhishek Kumar)	RACHANA SHARIR (Theory) (Dr.Ganesah Borade)
12:00PM TO 01:00PM	<h1 style="margin: 0;">LUNCH</h1>					
01:00PM  TO  03:00PM	RACHANA SHARIR (Practical) Group -B (Dr. Kartikeya Singh )	RACHANA SHARIR (Practical) Group -A (Dr. Kartikeya Singh )	RACHANA SHARIR (Practical) Group -B (Dr. Kartikeya Singh )	RACHANA SHARIR (Practical) Group -A (Dr. Kartikeya Singh )	SANSKRIT & AYURVEDA KA ITIHAS (Theory) (Mr.Shailendra Maurya)	SANSKRIT & AYURVEDA KA ITIHAS (Theory) (Mr.Shailendra Maurya)
	KRIYA SHARIR (Practical) Group -A (Dr. Ranjna Vyas)	KRIYA SHARIR (Practical) Group -B (Dr. Ranjna Vyas)	KRIYA SHARIR (Practical) Group -A (Dr. Shashank Shukla)	KRIYA SHARIR (Practical) Group -B (Dr. Shashank Shukla)	PADARTHA VIGYAN (Theory) (Dr.Girish Sahdev Kargutkar)	PADARTHA VIGYAN (Theory) (Dr. Soni Verma)
03:00 PM To 04:00 PM	SANSKRIT & AYURVEDA KA ITIHAS (Theory) (Mr. Shailendra Maurya)	SANSKRIT & AYURVEDA KA ITIHAS (Theory) (Mr. Shailendra Maurya)	SANSKRIT & AYURVEDA KA ITIHAS (Non- lecture) (Mr. Shailendra Maurya)	SANSKRIT & AYURVEDA KA ITIHAS (Non- lecture / Practical) (Mr. Shailendra Maurya)	LIBRARY GROUP B/ PHYSICAL EDUCATION GROUP A	DEPARTMENTAL SEMINAR
04:00 PM To 05:00 PM	PADARTHA VIGYAN (Non- lecture) (Dr.Girish Sahdev Kargutkar)	PADARTHA VIGYAN (Non- lecture) (Dr. Soni Verma)	PADARTHA VIGYAN (Non- lecture) (Dr. Soni Verma)	PADARTHA VIGYAN (Non- lecture) (Dr. Soni Verma)	DOUBT CLEARING HOUR	MENTOR MENTEE

NOTE: - 1. \* TWO HOUR FOR PRACTICAL & ONE HOUR EACH FOR THEORY.

2. 1<sup>st</sup> & 3<sup>rd</sup> SATURDAY ALL CLASSES ARE CLOSED AFTER LUNCH.

3. 2<sup>ND</sup> SATURDAY DEPARTMENTAL SEMINAR AND 4<sup>TH</sup> SATURDAY MENTOR MENTEE

Principal